



RESCUE DIVER

Scuba divers describe the PADI Rescue Diver course as the most challenging, yet the most rewarding course they've ever taken. Why? Because you learn to prevent problems in the water, and become more confident in your skills as a diver, knowing that you can help others if needed. During the course, you learn to become a better buddy by practicing problem solving skills until they become second nature. Plus, the course is just fun—it's serious, but still allows for lots of laughter in between the focused learning.

Who should take this course?

- Be at least 12 years of age or older.
- Have a PADI Advanced Open Water Diver certification (or have a qualifying certification from another organization).
- Must have completed a sanctioned CPR program within the last 24 months. The Emergency First Response Primary Care (CPR) and secondary care (First Aid) course meets these requirements.



What will I learn?

- Self rescue.
- Recognizing and managing stress in other divers.
- Emergency Management and equipment.
- Rescuing panicked divers.
- Rescuing unresponsive divers.

What will I need?

- Basic scuba gear, including a dive computer.
- All PADI required course materials.
- Pocket mask.



Notes: _____

